

*I/V Carl Nelson 10-09-09 Surak #5742,

On 10/09/09 shortly after midnight at the Angel Valley Retreat, I interviewed Carl Nelson the husband of Louise Nelson. He stated that it is part of James Ray's rules that they separate anyone that is related or married and put them in separate area so they don't have too much contact. He stated that he and his wife arrived on 10/03/09 and they could not check in until 1600 hrs on that day.

Carl stated that it was very hot inside the "sweat lodge" before they brought the rocks, "grandfathers", in. These were heated stones and it got much hotter, but he stated when Ray poured the water on the hot rocks it was an instantaneous blast of heat. He stated he could not bare it and ducked down behind a guy in front of him and tried to breathe as much air as he could get into his lungs. Carl stated at his first chance he left the "sweat lodge" and took his wife with him. Carl said his wife Louise was "out of it" when they got out. The helpers outside, had to literally drag him out once he got to the door, and he stated it took him a while to recover.

I asked if he was anywhere he could help when people started to come out and need help, or if he went inside to help. Carl stated that he helped several people out of the tent and helped with one very large woman, whose name he did not know. Carl stated he would not go back into the tent because it was way to hot in there for him. I asked, while he was in the "seat lodge", if he heard anyone that was asking for help or needed help. He stated, not while he was in there. He said that he helped a guy named Sean and that Sean was way out of it for a long time.

End of interview

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