

\*I/V Williams Cynthia 2009 "Channeler" Transcript Det. M. Poling C27

On Oct 28, 2009 at approximately 8:21 hours, I conducted a telephonic interview with Cynthia Williams, a hired spiritual "Channeler" who arrived at the Angel Valley Retreat Center the days following the James Arthur Ray event that left 3 persons deceased. The Hamilton's contacted Cynthia Williams to perform a "cleansing" after the incident occurred.

The conversation was recorded on an audio file and placed into evidence. The following is a transcription of that conversation.

Cynthia: Yeah I do channel.

Det. Poling: And anyway the reason is the channeling, I just wanted to know if you could talk to me about what occurred during that channeling?

Cynthia: I didn't know I am not there.

Det. Poling: Where were you at?

Cynthia: I am the vehicle by which spirit comes to and talks, but I am not in there, I am in the trans-medium.

Det. Poling: Okay. So are you at your house on the telephone to these people?

Cynthia: No, I was in Angel Valley, I was there.

Det. Poling: Right, so you were at Angel Valley. Actually I don't understand channeling as like you would?

Cynthia: Okay, it's like have you ever seen medium on TV?

Det. Poling: Maybe once, I don't know not really, I understand that a person would be able to speak to people for others through the channeling or to the deceased, as what I understand.

Cynthia: Oh no, there is nothing with the deceased, I don't know that, the deceased talking to, Michael came through which talked to the group because they were, someone was so traumatized yeah.

Det. Poling: Okay.

Cynthia: But see I'm not there so I can't tell you what was said because I leave my body and the angels come through and then unconscious medium

Det. Poling: Well I understand, but there is someone, but how do I say this, I guess I'm tongue tied, someone has to interpret, don't they, for instance

Cynthia: Each person interprets their own stuff whatever that is.

Det. Poling: So if you are at Angel Valley and you are out of body and the people that are there, I would say the participants or staff members whoever is there that's part-taking in this, do they get the vision?

Cynthia: It's not the vision, there is speaking, so they ask their questions whatever they want to know from spirit and spirit answers.

Det. Poling: Now do they ask these questions verbally in the group or it is internal?

Cynthia: No, it's been verbally.

Det. Poling: Okay. And so you don't hear what they are saying.

Cynthia: No, I am not there, I know it's weird.

Det. Poling: No, I am not saying that it's weird, I am just trying to sometimes take information so that I understand it.

Cynthia: Yeah I understand it. My dad was a cop, oh it was very weird.

Det. Poling: You know I am not, I'm not probably typical, I want to understand it, what I am trying to get at here is, I had a conversation with the person that was there while you were channeling.

Cynthia: Yeah.

Det. Poling: Okay and this person told me and I don't know if you watch the news at all or if you see in this.

Cynthia: No, I don't have TV.

Det. Poling: But this person told me that while this channeling was going on that the spirits of the deceased, I will give the names James and Kirby you know people that died spoke to them saying that they were having a good time and we chose not to come back.

Cynthia: Okay, I can kind of paraphrase a little bit of that for you, because people talked to me after the channeling, I am not that, I don't bring in deceased people into my body, I only bring selected people in. So I can tell you for a fact I didn't channel the deceased people; that's not my forte. You know it's too uncomfortable and too traumatic, but they spoke to Arc Angel Michael. And what I can tell you in paraphrasing, I can't tell you word for word because like I said I wasn't there, but I can tell you kind of as a paraphrase. What happens traditionally, is people in the state, well how do I understand it people talking to me afterwards, is that sometimes...have you ever been at a sweat?

Det. Poling: I have not.

Cynthia: I have and so what happened is that we become a state of being that you sort of detach very much from the physical-ness of the body. And so sometimes you can get into trouble if you detach too far and you are not in contact with your body. So, because I've been in those state where you get into an altered state of consciousness in the sweat, sometimes you are not always aware of what's going on, that's the essence that was being made, but I did not bring to the deceased, No. But, I do chat with them on the other side you know I mean I can see deceased people, so I can do that. But that's not what happened at Angel Valley, people were traumatized and was trying to understand what happened during the sweat lodge. My understanding from spirit was they were trying to help them to understand the euphoric state you can get into and this is similar to what happened with them, they became disassociated with their body and it's a dangerous place to get into, but it can happen because I have done it; I have been in sweats.

Det. Poling: And so do you remember a conversation, did they give you their names or say hey my name is Barbara or my name is William?

Cynthia: No, I am so foggy, but if people came out and talk to me afterwards and said Arc Angel Michael said this and this, but during the session see there is no memory from me. I couldn't tell you what color anybody was wearing, who they were, what their faces, I don't know any of that. But I do know people came up to me over in a next couple of days, talk to me about things Arc Angel Michael said. So I think explaining that part, but I can't do it, I don't know any other.

Det. Poling: Well that's what I was going to say, when they were asking the questions and the interpretations, what were the answers that you were giving them, if that's okay?

Cynthia: I don't know any, because I wasn't there, but I can tell you what people talked to Cynthia about after the event, I can say to that because I'm back into my body. So when I am out of my body I can't answer that because I don't know. The people we are talking you know would say it back to me, this is Cynthia, not Arc Angel Michael.

Det. Poling: Got you.

Cynthia: And they would say: Cynthia, Arc Angel Michael said that Kirby, I guess Kirby and what was the other guys name? See I don't even know.

Det. Poling: There were three people, there was Kirby Brown, there was James Shore and there was another woman, gosh I don't know, Liz Neumann.

Cynthia: Yeah okay. So they were talking to me about that I guess it's the Liz who is the last one that died, right?

Det. Poling: Yes.

Cynthia: Yes the first two that died and they were saying that Arc Angel Michael said, they had gotten into somewhat euphoric state of being in this and that can happen. And I would say, well yeah that can happened, you can't go there and they see it too far out of their body. Now, was the sweat too hot, I know there was talk about that, I don't know

because I wasn't there, I can only tell you I have been in sweats where I walked out because I got too far, I was feeling like I wasn't present enough to monitor myself, so that's what I can say about what I know and what people talked to me about but what questions were asked, how they asked, I don't know any of that.

Det. Poling: So when they especially called in a group, would be talking to Arc Angel Michael, okay, is the group alert. Can they each hear what other people are asking Arc Angel Michael?

Cynthia: Yeah they can, you know doing interpretation of what comes through and it was very traumatized so I don't know what they heard.

Det. Poling: Well there is a reason why I am asking that question because I spoke to one person that was there and I think it was Mike, the owner of Angel Valley, he was present during the experience, the channeling, is what I'm going to call it, if I say something wrong, you correct me you know and I don't know much about it.

Cynthia: That's right, (inaudible 09:02).

Det. Poling: But Michael was saying that during the channeling that they felt the presence but there was no communication between the two, and when I say the two, I mean directly with Kirby and James or Liz, it wasn't like that that they said there was the physical being, they could feel the presence but they didn't have communication.

Cynthia: And that's probably accurate, because, understand that even after they had... After I came out of the trance because I worked, (phone ringing) Do you have to answer that?

Det. Poling: No I am sorry it annoying and I can't turn it off.

Cynthia: Okay, after this session, a couple of days later you know me and another lady, we did "energy cleaning" Liz was the third one, who was the first one?

Det. Poling: Kirby and James.

Cynthia: Kirby, okay. Kirby had gone on, she went on to the light, she went very quickly. But James, the man was still hanging around Angel Valley Ranch and so I mean that sounds weird I know it does.

Det. Poling: I am okay with this.

Cynthia: He was still traumatized because there are seven layers to check body that has to be taken and one of his layers were still left in the tent he was sleeping in. And so he did not want us cleaning the tent until he got his layer back. so we helped him get his one of his seven layers, after his body so he could go on into the light. But at that point, now this would be...I don't know what you are going to do with this, so he said very clearly, I am sorry I cause trauma for people, I am not sorry I am gone. Now you can not say that to the family because they would absolutely shit bricks. They would never understand

that. But now that is something that Cynthia herself and the gal I had with me cleaning energies could tell you. I cannot tell you with what happened with Arc Angel Michael because I wasn't present, it's very possible because it was so close, it was the day of the...within the first 24 hours and it takes characteristically up to three days for the body to go on, for the soul to go on over. So both spirits could have been very much there, but because I wasn't in my body, I can't answer that.

Det. Poling: So there was basically two parts of this and the second part when you were physically there who was with you, I mean was it the same group there?

Cynthia: Nobody was there except for me and my partner who was cleaning energies.

Det. Poling: Okay, I understand what you are saying so, they don't know what --.

Cynthia: Lets note that, I am telling no one knows what I just told you, there is no need for them to know that and that's part of clean up process we did.

Det. Poling: And you know some of this, now when I say some of this, don't get me wrong, I am not skeptical here I believe what you believe, you know what it mean?

Cynthia: Yeah.

Det. Poling: Does it make sense? What I don't like is I don't like when someone uses something to pretend if something happened that didn't --.

Cynthia: Oh yeah I understand.

Det. Poling: To be honest, there was a conference call between this group of people and at the end of the conference, one of the people stood up and told the whole group that Kirby and James, through a channeling, said that they were having a good time and they decided not to come back, so they transitioned. Now I can understand if they heard this through Arch Angel Michael to say something like that or if they heard what you said while you were cleaning it up, I can understand them saying that, but they didn't hear that, I think they are using something that didn't happen to their benefit.

Det. Poling: And that's very possible, nobody knows what I told you that's the second part, no one knows that, because I would never want the family hurt in anyway to think that possibly there is no caring on the physical level, you must be empathetic and compassionate and understand the grief level these people are coming from.

Det. Poling: Absolutely.

Cynthia: And you cannot say that stuff now. In the channeling, it's very possible somebody asked, and I am just guessing because I wasn't present, Michael was he could probably tell you that. they said, what is the bigger picture? If somebody asks Arc Angel Michael what is the big picture beyond this immense tragedy? Archangel Michael could have said to the people, the bigger picture is, they got into euphoric state and they slipped

out of their bodies. And have died, that's the bigger picture. And what was it on a physical level, there is much accountability that has to be taken on the physical level for everyone. And Archangel Michael never just paint one side and not the other side because the other side is... what happened that they didn't get up and take care of their bodies, you know if it's a conscience choice they did not do that, but everyone needed to be accountable for what happened with their physical forms too, just like me being in a sweat lodge, I had to get up and leave when it was too much for me, so no body knows my body likes me. So that it's more of teachings are, self accountability for our lives and never give a power to another. Those were the key things that Archangel Michael brings through. I can tell you that because I can communicate with Archangel Michael, telepathically with Cynthia, working through in the channeling, I don't know. You know and I don't know how the questions were asked, but I could see if somebody asks the question what's the bigger picture and all during this grief trying to figure out how could this have happened, he would have painted both sides, not just one side, only they chose to hang on to only one part of it and not the other part, who knows because people are in grief. You know, so does that make sense to you?

15:30

Det. Poling: It does, and the only thing that I don't understand and I probably keep asking the same question here thinking these guys are knuckleheads. If during the session Mike tells me that they had no communication, could another person interpret it differently and say oh yes, it was?

Cynthia: Anything is possible, I mean it's like if you give a warm (Inaudible 15:53) 10 people and you start the story where everybody is here in the same story, by the time it gets to the last person it's not even remotely how it started. Have you done --?

Det. Poling: Yeah and I know what you mean and the problem that I had is that when she did this during this teleconference, she was saying that you know and here she was talking to like you said you never tell a family that because of the grief, well it's just telling that to the family who, I am sure has three kids, you know and then hearing this, you are thinking oh my god, god he doesn't going to come, you don't want to come back to us.

Cynthia: Absolutely it is, you understood, I am not the one that that's out there talking to anybody, I am not the one that's gone to the newspaper, I am not doing anything.

Det. Poling: Oh I know, and I am not even thinking like that Cynthia.

Cynthia: You know what I am saying is it was significant sensitivity chip, whoever spoke that, because it's her grief to try to make certain that the family understands the bigger picture and family cannot go back, they are (Inaudible 16:57) and it was not mean for the family, it was meant for those group of people who are still traumatized, who decided bigger and lesser picture trying to piece it together because they were shattered, mostly and they were so shattered. So that is where it comes from (Inaudible 17:13) she said it like truthfully this is the honest about truth, I don't have TV, I don't listen to

the news and I just came up, I didn't charge for anything like that. If I have gone and peer to help, doing things back into (Inaudible) and I don't know what Michael said that, archangel Michael, because I don't want to confuse like archangel Michael and Michael

Det. Poling: Yeah two different people.

Cynthia: Yeah it's reputation is all in that for someone to distort, I can't say it's very profitable people, so the deceased people there that I don't personally bring them in that's not a work I do. I can see them but I don't bring them to my body, this is too traumatizing to my physical form. So I only bring them those that I trust on the other side to be clean in pure energy, so I bring them in you know and talk and (Inaudible 18.14) I am sorry that whoever it was that spoke up and said that because that has to be holistic for the family, absolutely holistic, because that's the theme.

Det. Poling: And I don't know if that family actually heard this, so what I am understanding to you know I hear the rumor you know and I know it went out, I heard it on the conference call, I don't know, I couldn't tell you for sure if the family heard that conference call or not, but if they did, they would have heard that because I heard it. And that's why I am thinking well we had the other family here yesterday and we told them that you know what was going out with that two and that we know from what Michael said not archangel Michael but Michael at the camp said that they didn't have any communications, they had a physical feeling, but they didn't have a verbal communication with the two.

Cynthia: The two, that is so, because it's not what I would do, it's not my work. What I told you that it occurred that a man you know went out and get that (overlapping) so much trauma there, that wouldn't be energy sensitive and that may not make a lot of sense to you, but I can feel something mild away in the energy. And so people who are really sensitive, they can feel something when they are off. And so what we were doing in this creating energy and I can tell you that the gentleman was there and that's what he said, but no family, nobody heard that, nobody knows it. So that is between you and me and the lady who did the clearing, no one knows that and would anyone ever know that.

Det. Poling: No they won't.

Cynthia: Because it's not coming from me and because that is not you know I am just telling you what he said to us, you know and he needed to help getting his pieces back and he told us she had already gone on and he couldn't initially get all these body parts together which is the seven layers of the --.

Det. Poling: So can I ask you a weird question?

Cynthia: Yeah.

Det. Poling: This was the seventh layer, a layer that was missing, did they have to do with anything like possessions or --?

Cynthia: No.

Det. Poling: No, so --.

Cynthia: You have, everybody has seven layer, and you have seen (Inaudible 20:39) emotional, mental, spiritual, you have all these different layers within you, it's just those layers that I am speaking of, there is no possession or anything.

Det. Poling: You know I just said what he had to find out before he went on and you know if there was --

Cynthia: Oh yeah, okay so let me get it to another way that helps to understand, you all of a sudden died very quickly, you don't even realize you left your body which can happen in the sweat lodge. So you are out of your body and you go, wow this feels so good, so free, I don't want to go back into that restricted, all the problems and like, I don't want to experience that.

Det. Poling: So you said there had been things like that, don't you?

Cynthia: Yeah absolutely, I mean my stepson (Inaudible) very traumatically and I had to convince him to go to the lodge because he was having so much fun, I have to say him you need to get you together and get you to the light and he argued with me for a while and I said, dad, you can't put your hands on that wall, you put your hands to the wall and goes, oh well this is all. And he said, I can do all kinds of, (Inaudible 21:48) take you to the light. Well this is kind of what it was, but just like you are in that, your first state, you are feeling great you are feeling like you are through all of your problems but the first time you feel you are not able to (Inaudible) and you start to go up and you realize, you forgot something on the earth plane, let's say it is, you look down and I will put it into a physical, you forgot your hands. And so although it's (Inaudible) in that but when your body, you know all that stuff, all of that awareness comes back and he has done a lot of spiritual work, so he is not, he wasn't down to this or he wouldn't have been involved in this. So he was aware of something within, so you will put it into context you like, oh I am not sending him on earth plane but (Inaudible) I don't want to go in and they have anything on hand --.

Det. Poling: So on a personal note, if I go and I am saying you are worried about hundreds of cases I haven't completed I am going to be stuck for a long time --

Cynthia: Well we are bringing some truth to that, because I had a bunch of people who have not been able to go on because of certain things that they left unfinished. And I have some of the (Inaudible) they were going to be judged by the light and so they didn't want to go on because they were afraid, they got to judge them. So in those cases, I worked with him and said, look, if I am off, you know more than telling you, that you are going to come unconditional love and (Inaudible) to that you can come back and haunt me the rest of my life. It was quite sure that they go on, because once you get there they find out what if they wish to. But tell me if you want to carry that on, would you might be stuck by the earth thing but then there is real (Inaudible) to help you see that you are going to have those cases --

Det. Poling: That's cool, and you know I am not doubting you at all, trust me everything is good here and I just want to know how and I hope I can answer this question that I know there is always a struggle between science and religion and belief.

Cynthia: Right.

Det. Poling: If I say it's right, physiologically the body, well like in the sweat lodge when it gets to extreme temperatures the body starts going into hypothermia and your body starts shutting down your kidneys, your liver, what have you and it is reversible if you are taken out of situation, but if I am listening right it's almost spiritually your body starts to die, you are going to another dimension, you are transforming because you are actually dying.

Cynthia: Right.

Det. Poling: Is that, am I on the right page or am I kind of lost on your belief?

Cynthia: You know you are actually correct and there is a simple logical thing that can happen, personally it is between you and me, okay, I don't believe if they had not have gone out without food or water, I don't think that have happened.

Det. Poling: Right the dehydration, but totality of the circumstances , the amount of heat you know and your body does shut down and in my opinion, if you are meditating you know in a perfect environment you are not going to, your body is not going to transform unless there is a reason in my opinion, but it's you know --

Cynthia: You have to have a (Inaudible 25:12) does have to go to a mental shut down, you just can't skip having your body without that, you can't, there are cases, so I don't even need to get into that.

Det. Poling: Right and then someone making, being able to manifest or do something like that, I understand that.

Cynthia: And we not see where other sprits walk in and you can walk out and it's called the walk-in (Inaudible) is an easy wellness of body.

Det. Poling: And I could see that on maybe one in big odds one in a million or whatever one in hundred whatever the odds are.

Cynthia: That was not what happened here.

Det. Poling: That three in a lodge, I couldn't see all three in the same area.

Cynthia: That was not what happened here, I don't believe, I believe there were physiological issues that went on, I believe that they were not hydrated enough and that is, I don't know you know I guess somebody has to have a finger pointed at them, but we have to look at you know self accountability, if I go into a sweat lodge, it's

my job to make sure, I have enough water and electrolyte in my body then I am going to share 100% here.

Det. Poling: Right.

Cynthia: You know even if the Jesus Christ come in front of me and ask me to go into a sweat lodge and said to me, you know don't do this, don't do that, I am going to go, this doesn't feel right.

Det. Poling: Well here is the difference in my opinion; Jesus is not going to tell you to go against your commonsense, a man physical being might. Am I wrong?

Cynthia: Well that's true and what has to be done on the much more spiritual level is like they get their power away.

Det. Poling: Right.

Cynthia: You know so it is not getting your power away regardless of whether they got in a euphoric state, I mean I don't know about Liz, because I haven't really, that happened (Inaudible) after I was in the Angel Valley and there haven't been trying to really focusing on this. Going in there, the other two, because of what he has told us that they, it is what they were in, doesn't know what happened with the channel, so I want to clarify that, if that was based later and he said he wasn't sorry, he had gone on, which (Inaudible) lot of expertise. That yeah I think there is a whole bunch of stuff involved, there is self accountability there is you know the facilitator pushed the limits beyond what should have been pushed, just I think.

Det. Poling: Which would be our job to figure out?

Cynthia: Yeah I mean, but also I would have to look at because all of my teachings have taught me to be accountable for myself and I am not going to follow anybody down a (Inaudible) and I would ready to talk in terms on the other side now.

Det. Poling: So you got an advantage here on all of us.

Cynthia: Even an undercover cop, so yeah I was well-seeded in that life, I know that life, I know what you have to because you have to prove whatever you have to prove as far as where the fault lies, but in my training and all of the work I have done with this spirit, it is to understand that yeah those people come along to push the limit and are you going to listen, are you go to be in (Inaudible) understand that what you know to be true and also this is on both sides with him.

Det. Poling: And there was accountability and I agree with you. I mean I actually I agree with you with everything you are saying, and I am not like I said I am not going to be the A personality and say that it's this way or not you know.

Cynthia: Right.

Det. Poling: I mean we are all known by (Inaudible) people at times we shouldn't and then we get hits and then we are going to want to do that you know (Inaudible) couple of marriages because it was the right thing to do, yeah right you know I got to you know, so I had to learn my lesson I was listening to Cynthia and I didn't know that, you know so who knows that this is our thought and that basically just I am just talking to you, honestly and so what you know variety of awareness, you know I didn't even get my name other than Cynthia, but I went into channels, because it wasn't about me, it was about helping piece to fold that they are going, that they were self centered in their emotional body from the trauma and it was all about talking to understand the bigger picture is what I think Archangel Michael talked to everything that everybody told me.

Cynthia: Right and that's when what I would say is a peer experience you know something that was meant for good not evil or you know what I mean, I mean we don't know what I mean by that.

Det. Poling: You are right, I really know I think about what you are saying.

Cynthia: It was done for the right purpose as it wasn't to bring credit to some other individual that what he did was right you know and they (Inaudible) of what happened and then put into a spiritual sense. I guess your working for Michael would never paint a picture but it's one way without saying, also it's about looking at what power was given away you know and so all of that you know, but I wasn't in that lodge, I don't know I mean I never attended what something (Inaudible) and put on, I really even had to come up on and to find out who you are. You know that if I don't gravitate, I listen to my god doing my way and don't listen to a lot out (Inaudible) you can get alluded to the work I do and that's not how I want to go, you know I work with heart energy, I worked with (Inaudible) of the heart, that's my work. And so that's why I was there.

Det. Poling: You know I actually believe that yours is in the right direction so you know I don't know, you mean you are more of a believer than maybe I would have even thought that it's cool, I like it. I don't know how to say that, I am kind of (inaudible).

Cynthia: You know I can read your energy, so it's beautiful thing too.

Det. Poling: Your welcome, and I do, I appreciate you call me back, I know you didn't have to and I know you don't want to be involved and I wouldn't want that to happen either. I just want kind to know the answers to what people are saying because it's meant for good like, (Inaudible) for good and something was twisting it into another direction to protect another and you know I don't think that's right.

Cynthia: That's not right at all, not right at all.

Det. Poling: And that's all I am here for, got in the facts and make sure that they are accountable.

Cynthia: Yeah I understand.

Det. Poling: Well Cynthia I appreciate your calling, I know you don't feel well and again that you took your time and I have to appreciate that. And I got your number here and later on, I would be calling you other than work related.

Cynthia: Alright, okay thank you very much.

Det. Poling: You take care.

Cynthia: Alright.

Det. Poling: Have a good day.

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